



Town of Falmouth Human Services Department

General Information About Our Counseling Services:

Eligibility

The Human Services Department is staffed with master's level, licensed clinical social workers and provides time-limited counseling services for any Falmouth resident or town employee who is unable to access mental health care in the private sector. This may include residents with no health insurance or those who are unable to afford their co-pays and deductibles, or for any other reason that may hinder access to services.

Counseling services are provided to individuals, families, couples, children/teens age 11+, and seniors. Home visits may be scheduled based on medical need. If a resident requesting counseling services is in need of a higher level of care, referrals will be made to local behavioral health agencies that can address their level of need.

Services are free

All services provided by the Human Services Department are FREE OF CHARGE. You will not receive a bill and your insurance company will not be notified or billed. For this reason, counseling services are time limited and efforts are made to refer clients to mental health providers in the community for longer term counseling services. Length of counseling services varies based on client need and can be provided for up to 6 months. Advocacy and case management services are provided to any Falmouth resident who may need assistance obtaining other community services.

Medication Management

The Human Services Department does not provide prescriptions for psychiatric medication. However, in the course of your counseling, you and your therapist may determine that an assessment for medication may be helpful to you. In these circumstances, your therapist will help you locate a prescribing doctor, psychiatrist or nurse practitioner and communicate regularly with them to ensure optimal coordination of care.

Scheduling and Cancellation Policies

Your therapist will schedule your appointments directly with you. Any changes in appointments should be made directly between you and your therapist. Cancellations should be made at least 24 hours in advance of the appointment time (phone messages are acceptable). If you miss three appointments, without calling to cancel, in a three month period you will be discharged from counseling services.

Contact Information

Contact information for the Falmouth Human Services Department: 65A Town Hall Square, Falmouth, MA 02540. Phone: 508-548-0533, Fax: 508-540-7454, Email: info.humanservices@falmouthma.gov, Website: www.falmouthhumanservices.org