

Falmouth Council on Aging  
April 25, 2019 @ 4:00PM  
Falmouth Senior Center  
300 Dillingham Ave Falmouth, MA 02540

## **AGENDA**

1. Approval of Minutes from March 28, 2019 meeting
2. Director's Report
3. New Senior Center Update
4. Chairman's Report
5. Branding Discussion
6. Old Business
7. Public Comments

Present: J. Clancy, S.Gallagher, C. Kenney, P. Mello, R.Moffitt, J. Rebello, S.Ripley, J. Vieira (chair), J. Bishop (director), M. Costello (recording secretary).

Absent: B.Swain

J. Vieira called the meeting to order at 4:03PM

## **APPROVAL OF MINUTES**

J. Rebello moved and J. Clancy seconded the approval of the March 28, 2019 minutes. Motion passed unanimously.

## **DIRECTOR'S REPORT**

- FRIENDS of Falmouth Senior Center:
  - Annual Appeal to supplement the FF&E for the new center they have received over \$20,000 to date.
  - Fundraiser Trip to the Red Sox Game on June 26, 2019 still has a couple seats available.
- COA Completed Activities/Events:
  - March 8<sup>th</sup> - April 12<sup>th</sup>: The Savvey Caregiver Educational Program (Alzheimer's Family Support Center of Cape Cod)
  - April 8<sup>th</sup> - Journeying Through Life Role Transitions Workshop. Lead by Clinical Social Worker Diane. Senior Center, Human Services and local organizations provided leadership assistance for the workshop. (35 people attended. This group will continue as a support group 2x a month)
  - AARP Tax Assistance (served over 500 people)
  - Fuel Assistance (160 service units serving 87 people)
- COA Upcoming Activities/Events:
  - April 29<sup>th</sup> - Late Life/End of Life Workshop Series "What's Your Financial Plan"
  - May 20<sup>th</sup> - Late Life/End of Life Workshop Series "What's Your Legal Arrangements"
  - April 30<sup>th</sup>-June 11<sup>th</sup>: Healthy Eating Workshop (Elder Services) This group will be for six sessions on Tuesdays.
  - May 13<sup>th</sup> - Coffee with a Cop at 9:00AM
  - June 10<sup>th</sup> - Barnstable County Dept.of Health TICK Presentation at 1:30
  - June 17<sup>th</sup> - Barnstable County "Seed to Plate Workshop" at 1:30
  - VNA Programs:
    - Fit & Strong: April 19-July 12 (Wed/Fri 2:15)
    - ZENgevity: April 26-June 14 (Fri 2:00)

- o Group Health Coaching: July 12-Aug 30 (Fri 12:30)
- o TAI Ji Quan: July 17-Jan 10, 2020 (Wed/Fri 2:00)

➤ Age-Friendly Initiative:

- Survey: Distribution of the Age-Friendly Survey component completed via mail, email, social media and survey monkey. Falmouth had the best response out of all the towns on the Cape. We should be receiving All Cape results and Falmouth only results sometime this spring.
- Self-Assessment Checklist: Completed with input from several municipal and local organizations. We should be getting results back in the summer.

➤ Staffing Update: April Town Meeting approved a full time position for a Program Coordinator. Outreach Coordinator Kathy Barrett is retiring effective May 1, 2019. J. Bishop is seeking to fill several positions: PT grant-funded receptionist, PT grant-funded volunteer coordinator, substitute bus driver, FT outreach coordinator to replace. Personnel is getting a good response for applications and the interview and hiring process will proceed.

## **NEW SENIOR CENTER UPDATE / CHAIRMAN'S REPORT**

J. Vieira reported that progress is good. Drone videos available on Youtube show the construction coming along. The IT installation is under control thanks to our forward-thinking IT director. The roof is going up starting today and continuing through next week.

There has been some discussion about stone veneer on the exterior. The original architect's plan included stone veneer on the first floor level. This was taken out during the bidding process, but the building committee thinks it would enhance the look of the building. The Finance Department would rather not cut into contingency funds by taking money for the veneer from the building's appropriated budget at this time. However, there are other funding sources controlled by BOS (donations given for the new senior center, not related to Friends fundraising). The building committee recommends that \$59,000 be transferred to pay for the stone veneer.

The schedule is on target. Lawrence Lynch will push over the next 4 weeks to get the site work done before school ends and Rec Center programs start. Parking will be put in between the police station and poorhouse. Voting on May 21 for Precinct 2 will be held at the present senior center building, not at Gus Canty.

Carpet and flooring have been chosen but no furniture yet. The color scheme will be grays with pops of color.

J. Rebello asked about the Commodores' concerns regarding the Paltz building. J. Vieira said that the building commissioner thinks it's not possible for the Commodores to do what they'd like there. They would have to bring the building up to code. The Commodores and the town representatives will continue this discussion.

## **BRANDING DISCUSSION**

J. Bishop continued the discussion of branding. She distributed a draft of a branding survey and consideration for a distribution plan and public follow up. The COA Board discussed naming concepts for the new building in addition to signage thoughts for the entire campus.

**OLD BUSINESS / OTHER BUSINESS**

None

**PUBLIC COMMENTS**

None

J. Vieira adjourned the meeting at 4:50PM

Respectfully submitted,

Meg Costello, Recording Secretary